



# Menu Plan Monday

Visit [www.Budget101.com](http://www.Budget101.com) for \$50 Weekly Menu plans!

MENU PLAN: Week of	GROCERY LIST
<b>Monday:</b>	
<b>Tuesday:</b>	
<b>Wednesday</b>	
<b>Thursday</b>	
<b>Friday</b>	
<b>Saturday</b>	
<b>Sunday</b>	
<b>Monday</b>	
<b>Alternative Meal Ideas:</b>	